



CATHEDRAL OF SAINT MARY OF THE ASSUMPTION

OFFICE OF RELIGIOUS EDUCATION

FIRST HOLY COMMUNION DETAILS – JUNE 11, 2016 AT 12:00 PM

BANNERS:

We are asking that each student to work with their parents on a banner that will be given to them. We are asking to have the banners back to us on Tuesday, May 24, 2016.

SEATING FOR FIRST COMMUNION MASS:

Front pews will be reserved for all First Communion children. Boys will be seated at St. Joseph side and girls will be seated at Blessed Virgin Mary side.

Non-reserved seats are available for all other guests.

ATTIRE:

Girls: White Dress but not floor length and at least Knee length, White Veil, White shoes

Boys: Black Suit (pants and Jacket), White Shirt and White Tie, Black socks and shoes

Children should NOT carry or wear anything in or on their hands.

PHOTOGRAPHY:

In order to keep the focus on the celebration of the Sacrament of the Eucharist, and to keep from obstructing the view of the rest of the congregation – photos are to be taken ONLY from your seat or standing on each side of the altar.

BOOKSTORE:

We offer two options for you to obtain First Communion articles:

- Librería Católica Sembrando Esperanza (located in the Cathedral Cafeteria) – Milady González 609-433-6070
- The Cross & Shamrock – 1669 Route 33, Hamilton Square, NJ 08690; 609-586-9696

Receiving both Body (bread) and Blood (wine) – explaining “Real Presence” to your child
We, as Catholics, believe that when the priest blesses (consecrates) our gifts of bread and wine, that bread and wine truly become the Body and Blood of Our Lord Jesus Christ. When we receive the Body of Christ and respond “Amen”, we are saying “yes” to taking on the essence of Jesus for the world. When we receive the Blood of Christ and respond “Amen”, we are saying “yes” to become the life force of Jesus to the same mission Jesus so clearly and consistently fulfilled: all the spiritual and corporal works of mercy. Therefore, we would like the children to experience their First Eucharist under both species. However, we will respect your wishes if you decide that you or your child does not want to receive the cup.



CATHEDRAL OF SAINT MARY OF THE ASSUMPTION

OFFICE OF RELIGIOUS EDUCATION

FIRST HOLY COMMUNION DETAILS – JUNE 11, 2016 AT 12:00 PM

HOW TO RECEIVE JESUS IN COMMUNION:

- Walk to the altar with your hands folded in prayer.
- Think about Jesus, whom you will receive.
- As your turn comes, place your left hand on top of your right hand and kneel.
- When you hear the words “The Body of Christ”, answer “Amen.”
- After the Host is placed in your hand, place the Host in your mouth.
- Then, move to the priest holding the cup.
- When you hear the words “The Blood of Christ”, answer “Amen.”
- Take a sip from the cup.
- Return to your seat (with your family) with your hands folded in prayer.
- One in your seat, please kneel.
- This is a special time for you with Jesus:
 - Think of all the things you want to thank Jesus for.
 - Think of all the things you want to talk to Jesus about.